

# NMR User Guidelines

## 1. Reservation Time Compliance

- Reservation can be made up to **3 days** in advance.
- If you are unable to use the instrument at your reserved time, **please cancel your reservation** in advance.

## 2. Overnight Experiments

- Overnight experiments must **start after 10:00 PM** and **finish before 10:00 AM** the next day.

## 3. No Personal Folders

- **Do not create personal folders** on the NMR computer.

## 4. Disposal of Experiments Wastes

- All waste must be **taken back to your own lab** for proper disposal.

## 5. Logbook Entry

- Please **fill out the logbook accurately** after your experiment.

\* **User:** Actual operator of the instrument

\* **Time:** According to the reservation time

## 6. Caution During Instrument Use

- As the NMR is a **shared facility**, please handle it with extra care.
- If you encounter any issues during use, **record them in the logbook and contact the responsible staff**.

## 7. Check Announcements Regularly

- Please **check the announcements on the Basic Science Research Institute website regularly**.

**\* NMR room is under 24-hour CCTV surveillance.**

All users are expected to follow safety rules and shared facility protocols strictly.